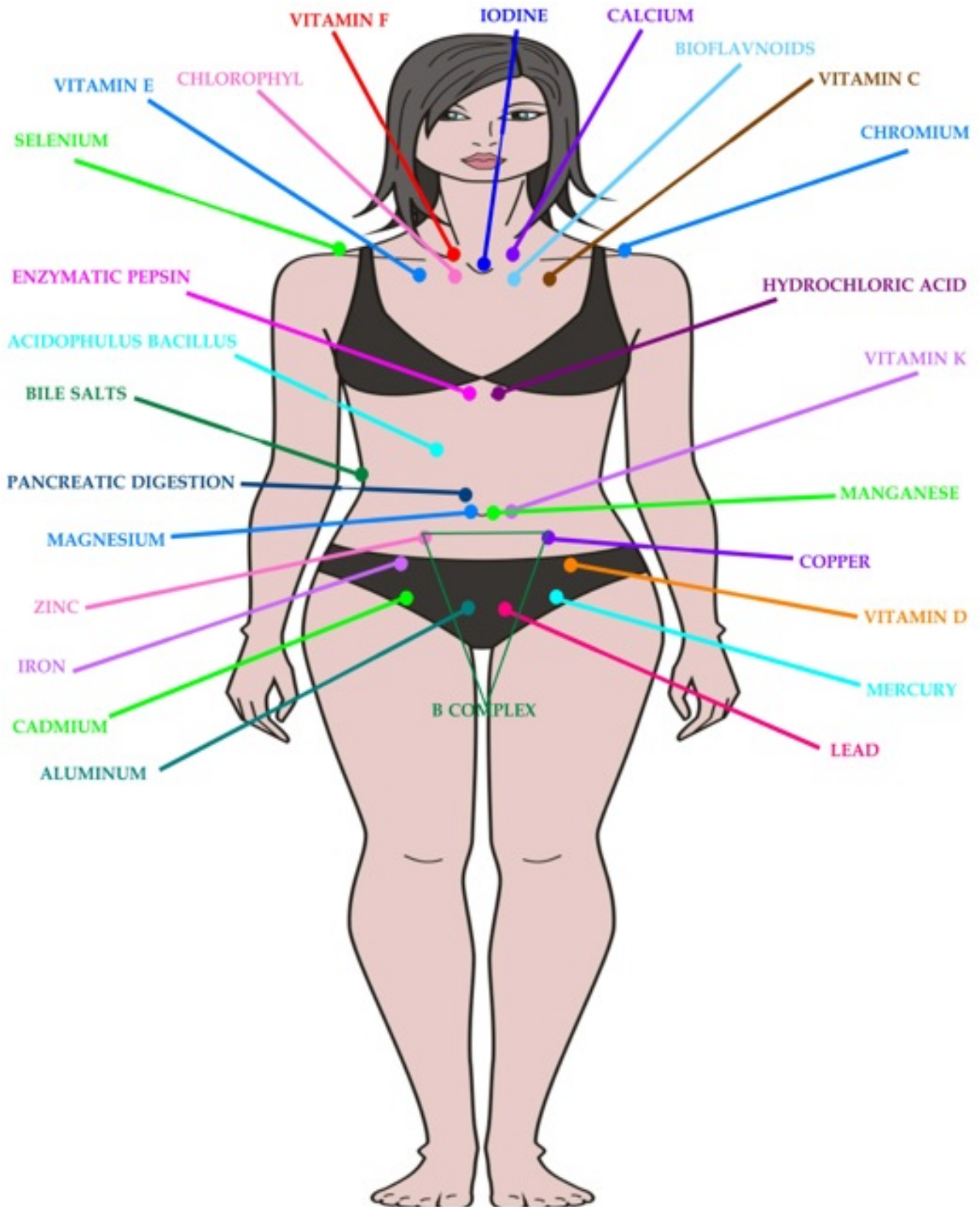
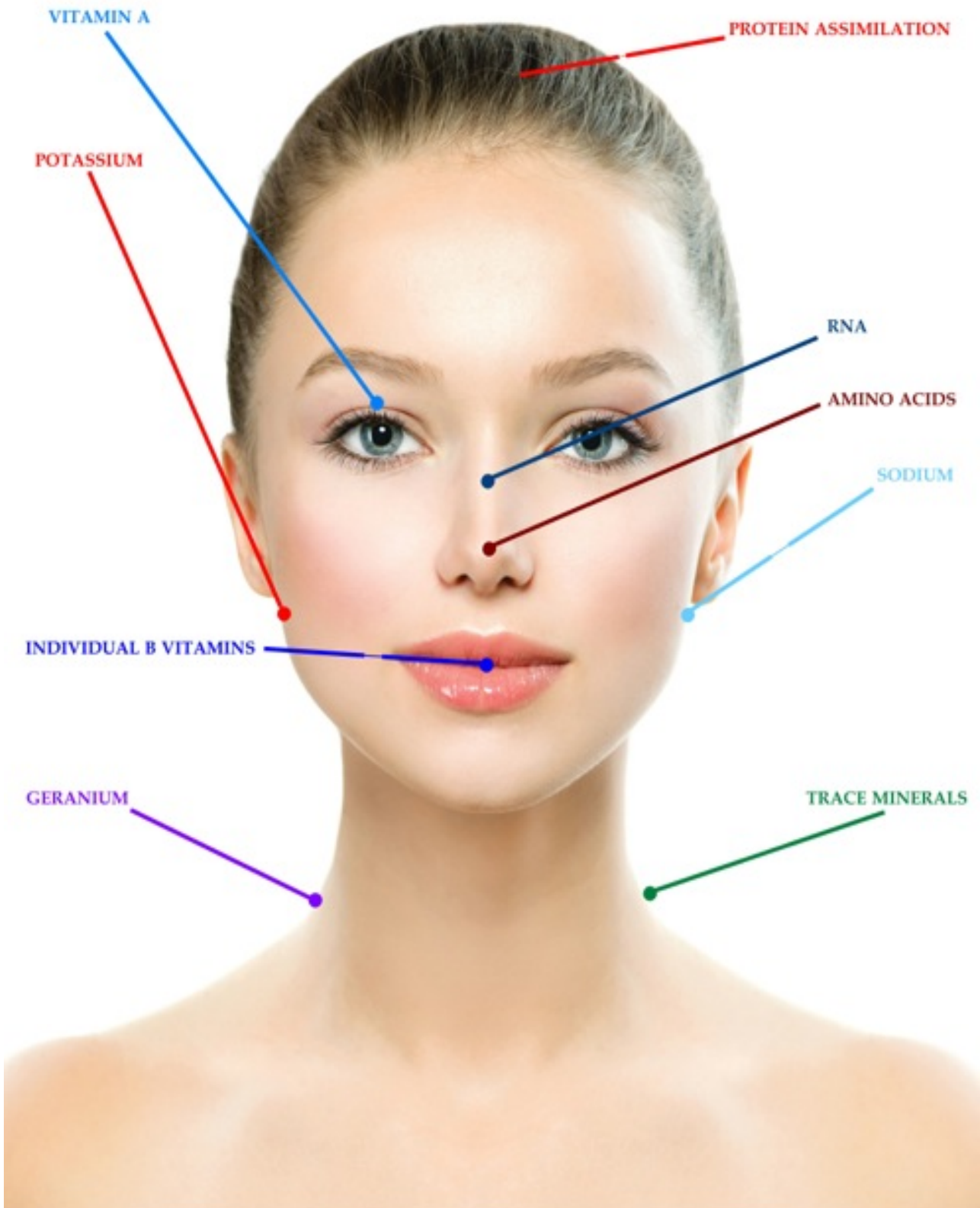


Foundational Nutrition Points





NUTRITIONAL COMPOUND	LOCATION ON THE BODY
Vitamin A	Right side, eye-lid
B Complex Vitamins	Bilateral points, midway between naval center & ilium crest
Vitamin C	Left side, inferior to clavicle, 1.25" lateral to sternum
Vitamin D	Left side, midway between pubic bone & ilium crest
Vitamin E	Right side, inferior to clavicle, 1.25" lateral to sternum
Vitamin F	Right side, superior to clavicle, .5" lateral to sternal notch
Bioflavonoids	Left side, inferior to clavicle, .5" lateral to sternum
Calcium	Left side, superior to clavicle, .5" lateral to sternum
Iodine	Midline, sternal notch
Iron	Right side, midway between pubic bone & ilium crest
Chromium	Left side, shoulder acromium process
Selenium	Right side, shoulder acromium process
Magnesium	Right side, just lateral to naval center
Manganese	Left side, just lateral to naval center
Vitamin K	Left side, .5" lateral to naval
Potassium	Right side, below ear @ jaw opening
Sodium	Left side, below ear @ jaw opening
Protein Assimilation	Hair
Trace Minerals	Left side, neck @ belly of SCM
Germanium	Right side, neck @ SCM
Copper	Left side, midway between hip & naval center
Zinc	Right side, midway between hip & naval center
Aluminum	Right side, just lateral to center of pubic bone

NUTRITIONAL COMPOUND	LOCATION ON THE BODY
Individual B Vitamins	Tip of the tongue
Lead	Left side, just lateral to center of pubic bone
Mercury	Right side, midway, between centre of pubic bone & head of right femur
Cadmium	Left side, midway between centre of pubic bone & head of left femur
Hydrochloric Acid	Left side, just lateral of base of sternum
Enzymatic Pepsins	Right side, just lateral of base of sternum
Bile Salts	Right side, outer tip @ bottom of rib cage
Acidophilus Bacillus	Right side, midway between base of sternum & outer tip of ribcage
Pancreatic Digestion	Right side, just superior & just lateral to naval center
Chlorophyll	Right side, inferior to clavicle, .5" lateral to sternum
Amino Acids	Tip of nose
RNA	Bridge of Nose